

Role of Stimulant Exploitation in Influencing Illegal Decency Amid Encompassed by Youngsters

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Abstract

In emerging cause of crime among youngsters, stimulants are playing a major role. It is a substance that produced the physiological and psychological changes in the body. Now a day, various types of drugs that are used in the treatment of various diseases and disorders; are illegally used by youngsters. The addiction of drugs can be identified by analyzing certain factors that include genotype, psychological state of mind of the person, body of an individual surrounding growth etc. Most of the people who are involved in any criminal activity or have committed the crime, they committed under the influence of drugs. However, we examine every aspect about the availability and quantity of drugs. A teenager who is going through stress which can be because of academic failure, family breakdown, and bad relationship; can be addicted of it. This study was conducted in a age group of 18-20 years, 200 samples from the population of Moradabad, northern part of India in which the youngsters under the influence of several types of drugs were examined. As per the resultant of this study, it was observed that most of the youngsters were influenced with alcohol, multi-drugs, injected or inhaled drugs. Along with this study, the involvement of these youngsters in any crime were also studied and it was found that most of them were apprehended in theft cases, offender in causing injuries to others or burglary etc.

Keywords

Drug Influence; Crime; Psychological State of Mind; Society; Youngsters;

Introduction

Drugs are substances which produce physiological and Psychological changes in the body. Numerous drugs are used in the treatment of various physical and psychological disorders while

on other hand, a few drugs are illegal drugs which are used with a psychological state of mind to make it un-cognizant. Based on the consumption, drugs are divided into major divisions i.e. Pharmaceutical and psychoactive drugs. It is considered that Pharmaceutical drugs are used for the diagnosis and even it is a legal drug but the extra consumption of these drugs can also be work like a drug. Psychoactive drugs are illegal drugs and are used for the recreation purpose, as these drugs directly alter the central nervous system and depress various psychological activities of the brain.

Substance Use or Abuse

Whenever the drug is taken for experimental and medicinal purpose in an irregular appearance and in a quantity in which it is legit for the human body. In such conditions, it is known as a substance because the sole reason of using these types of drugs is for treatment or experimental purpose. While whenever any drug is consumed in a patterned appearance and in a fatal quantity that causes harm to human body in form of recreational activities or enhancing brain function and are classified illegal by the state is known as Substance abuse [1].

Drugs is obvious a compositions of chemical substances. Although numerous types of chemicals are produced in human body that have its own inherited characteristics and functions. These drugs change the functioning of the human brain i.e. process, analyze and respond to various situations. The two most common ways in which these drugs can interfere with the normal functioning of human brains are: It copies the brain's natural chemical messenger and Interfere by over-stimulating the reward circuit of the brain. Some drugs are chemically same as many brain cells like neurotransmitter which fools the brain and enter into it and starts sending abnormal messages [2]. Sometimes it acts on these neurotransmitters and produces a very high amount of these which makes a person feel euphoric effects.

Addiction of Drugs Among the People

The addiction of drugs can be identified by certain factors like genotype and psychological state of that person, human body, surrounding, growth, the amount of exposure, etc. In human body, genes are also responsible to influence the vulnerability of any person's addition with which one is born. Along with it, other factors are; surrounding in which the person is living, the economic and social status. The person irrespective of age can become a drug addict, but if it starts at an early age, it will control the response of body which will be more difficult to quit.

Effects of Drugs on Crime and Teenagers

Mostly people who are involved in illegal drug crime might have not committed any other crime or people who commit other crimes have not used illegal drugs. There are various reasons why teenagers start abusing these substances out of which the most common one is Experimenting. Since the brain is open to new experiences as they try everything and trying it once or twice never makes anyone an addict, but when anyone psychologically starts depending on it and eventually addicted of it, it is an abuse of the substance. Other reasons why any teenager starts substance abuse might be: social acceptance or to fit-in among peers, emotional turmoil like stress or frustration, curiosity, escaping from reality [3].

During the early phase of life (teenage) the human brain develops for efficient work. Along with biological and physical changes, psychological change are also observed which accounts for the development of the brain and its functioning towards decision making, risk taking and judgments. The brain of a teenager is without any doubt a risk taker. They tend to take more risk and seek more social acceptance than others. This also results in slower development of the brain and even malfunctioning of the brain. When a teenager is growing there is a constant need of social attention and acceptance which often becomes the main reason of substance abuse among them [4]. Likewise, Lack of judgment due to less or no experience often clouds their vision to see the difference between right and wrong. All these factors when arise during the development of the brain, influences its growth and whatever the brain can feel, it starts depending on it and hence leads to the addiction.

There are various factors which leads teenager to take this path:- environment, peer, background, lifestyle, mental status. Environment here refers to the surroundings in which one person is living. A healthy environment nurtures good habits while unhealthy environment will lead the youth towards drug abuse. Unhealthy environment here means incomplete or disturbed equation of family, already any abuser present in the family, etc. The social acceptance and fear of rejection leads teenagers to indulge in such habits. The lifestyle of a person can make him addictive or abuser.

However, if we analyzed it further, it can be seen in different ways such as; A teenager who might been going through stress be-

cause of academic failure, family breakdown, and bad relationship. Mostly start to consume alcohol, drugs with a psychology that these will help to overcome the situation which later on become an addiction for them⁵. Now a days, broken relationships have become major cause of drug addiction. Under the influence of these drugs, juveniles start to commit the crime i.e burglary, hurt to anyone, murder, sexual assaults etc. In many cases, juveniles commits crime only because of they are depicted of drugs but don't have money to get it. Youngsters come in the contact of drug peddlers and most often indulge in their criminal activities.

Consequences Of Drug Abuse

Before understanding the consequences of drug abuse, we need to know about the various signs that indicate drug abuse: Smell of Smoke while breathing or in clothes and hands, shabby appearance and poor hygiene, laughing without any reason and continuous babbling, unusual behavior, etc. The consequences of drug abuse vary from person to person. Some get academic difficulties while others suffer from poor mental and physical health. Along with the person, the family and society also suffer. In academics, dropping out of school, misbehavior, etc are some factors. The rate of truancy increases with increase in drug abuse. Person feels trouble in learning and tries to influence other classmates as well.

In physical health mostly common steroids that are used to increase stamina, body build up etc. the youth engaged in drug activities, live less than others and the cause of death is often. Others are obtained in form of accidental death under the influence of alcohol, or drugs. In mental health issues, many psychological disorders like depression, paranoid behavior, personality disorder, etc. the drug abusers have poor behavior and hence are not socially accepted. The family suffers a lot because of the addicted member. They become emotionally and economically depressed and this leads to dysfunctional family. Commission of crime is the major factor as it is a strong link between the drug abusers and crime. The reason of committing crime can be: commission of crimes under influence of drugs like murder and accidents, Supply of illegal drugs and selling of prescription drugs without any proof or prescription. e.g. drug trafficking, polydrug use, etc.

Methodology

This study was conducted to observe the influence of the stimulant including alcohol, cannabis, opium, brown-sugar, multi drugs used for medical purposes, inhalant and injected drugs that are easily available in the illegal market of smugglers. In this study, 200 drug addicts from age group of 18-20 years were reported through out a year at a single rehabilitation center. The data of this study was collected from KAMKUS drug de-addiction and rehabilitation center which is handled by Bhagirath Sewa Sansthan and sponsored by Ministry of Social Justice and empowered in Asalat Nagar, Muradnagar in Uttar Pradesh, INDIA.

Material and Methods

The rehabilitation center were informed for the purpose of this study and consent was taken from the concerned authority. The compilations of last one year (Since January 2018 to December 2018) was provided from the available data of the record. The data is given below in (Table 1)

During the analysis of the data, it was observed that in comparison of winter season; most of the ceases were recored in summer weather because In winter season, the body is able to deal with

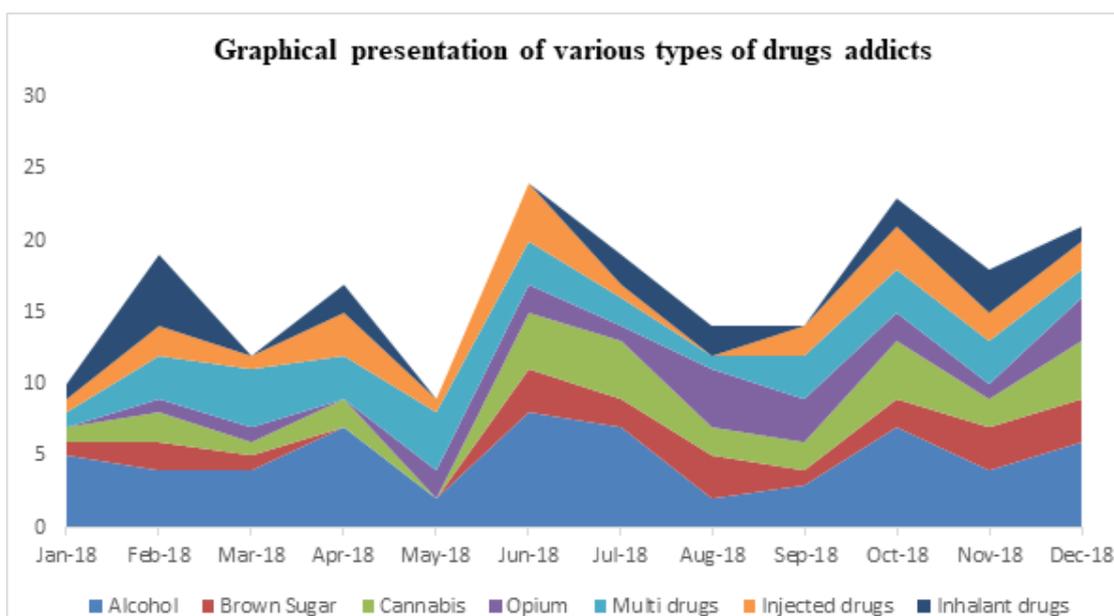
the effects of the drug so the number of registrations in Rehabs is less while in summer season the effects of these drugs become unbearable and the addicts have to register in different Rehabs.

Result and Discussion

Government of India has taken serious initiatives to prevent drug abuse in our country. In this direction, UN office of Drug & crime and Indian Ministry of Social Justice and Empowerment implemented a scheme of prevention from substances in 1985. It basically works on prevention, rehabilitation and increase

Month/ Year	Alcohol	Brown Sugar	Cannabis	Opium	Multi drugs	Injected drugs	Inhalant drugs	Total abusers in month
January-2018	5	1	1	-	1	1	1	10
February -2018	4	2	2	1	3	2	5	19
March-2018	4	1	1	1	4	1	-	12
April -2018	7	-	2	-	3	3	2	17
May -2018	2	-	-	2	4	1	-	09
June -2018	8	3	4	2	3	4	-	23
July -2018	7	2	4	1	2	1	2	18
August -2018	2	3	2	4	1	-	2	13
September -2018	3	1	2	3	3	2	-	14
October-2018	7	2	4	2	3	3	2	23
November -2018	4	3	2	1	3	2	3	14
December -2018	6	3	4	3	2	2	1	21
Total abusers in a year	59	21	28	20	32	22	18	200/200

Table 1: The compilation of the recorded drug addicts throughout the year in the rehabilitation center.



Graph 1: Graphical presentation of various drugs addicts recorded in only one rehab center.

awareness regarding this kind of abuse. Awareness through various audiovisuals and information, education and communication. 350 NGOs and more than 400 rehabilitation centers works with the Government of India to make India free from Substance abuse.

Drug addiction is preventable but the withdrawal symptoms are difficult and may lead to death of the person. Along with Government taken initiatives, there is a massive role of family members. The support and care can only be given by these people who can help the abuser to recover. Youth who gets engaged in crimes due to substance abuse needs more care since their mental stress is higher and the ability to judge of these youngsters is destroyed. Schools, colleges, family and other consultation services have a huge role and massive responsibility to aware the youth regarding substance abuse and prevent them or stop them before they get engaged in these activities and commit any crime. According

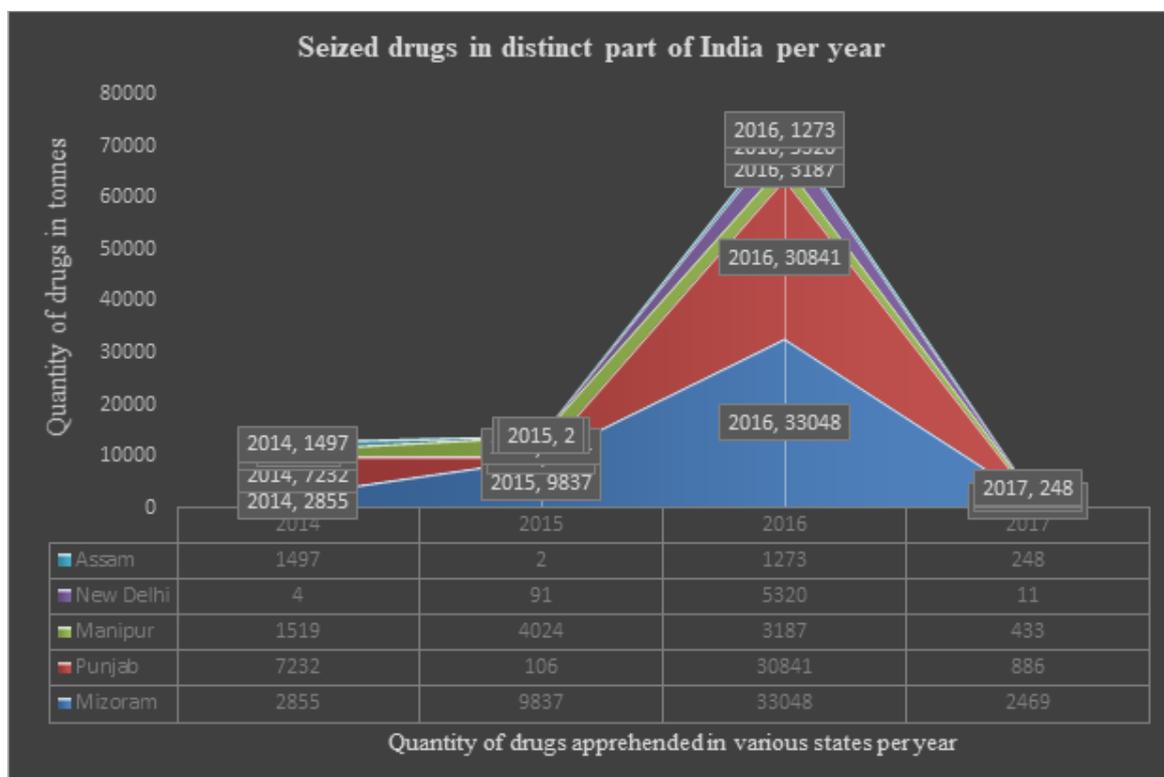
to the statistical survey, Since 2014 to by 2017; major quantity of drugs were seized by the enforcement agencies at several places of distinct states of India. The seized amount of drugs are given below in (Table 2)

There was a National Survey, which was conducted by the UN office of Drug and crime and Indian Ministry of Social Justice and Empowerment from 2014-2017. The graphical presentation of seized drugs are given below in (Graph 2)

According to Press Information Bureau, Government of India report on "Awareness and Education for the Prevention of Drug Abuse and Alcoholism, 15th January,2013": Punjab is the first state in which 70% of youngs are drug addicts who use drugs and alcohol in which every 3rd male and every 10th female have taken drugs. In Punjab, 67% of the rural household have at least one drug addict. While at the same hand, Manipur is the state

States/ Year/Quantity of drugs	2014/Seized quantity of drugs in tonnes	2015/Seized quantity of drugs in tonnes	2016/Seized quantity of drugs in tonnes	2017/Seized quantity of drugs in tonnes
Mizoram	2855	9837	33048	2469
Punjab	7232	106	30841	886
Manipur	1519	4024	3187	433
New Delhi	4	91	5320	11
Assam	1497	2	1273	248
All India	13837	14486	76850	4859

Table 2: The seized drugs by the law enforcement agencies in the distinct part of India.



Graph 2: Quantity of seized drugs (tonnes) in various states of india per year.

in which 12 % of drug addicts are from a age group of 15 years while 32% are in the age group of 16-25 years. In Manipur only, there are approximately 45,000-50,000 drug addicts.

Conclusion

Drug abuse has become an emerging cause of crime in our society. Drug addict's body and build become dependent and tolerant towards it. As a resultant of it, most of life threatening and serious withdrawal symptoms lead to the death of person. Youths who are engaged in crime due to these consumption of these substances need more care because of mental status and their judgemental ability is destroyed. Although Treatment, rehabilitation and prevention of substance abuse comes under a single umbrella. When we treat any patient to make him/ her better, we eventually kind of rehabilitate him/her and prevent the abuse any further. Along with the initiatives taken by Government, there is a massive role of parents, friends and closely related people to the addicts. The support and care can only be given by these people which can help the abuser to recover. Schools, colleges, family

and other consultation services also have a huge role and massive responsibility to aware the youth regarding substance abuse and prevent them or stop them before they get engaged in these activities and commit any crime.

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