

## Research Article

# Screening for Antibiotic Resistance of the Bacterial Flora Living in Messina Harbour Waters

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## Abstract

Harbors are enclosed coastal sites particularly vulnerable to anthropogenic-derived pressure with an important role for human society but with impacts on marine environments. While the chemical pollutants present in the ports are still known, little is known about the presence of bacterial pathogens, as descriptor of water quality and it is not clear whether these areas that are subjected to anthropogenic pressure can be considered as potential reservoirs for antibiotic resistant bacteria. In this context our research was focused on Messina harbor. The harbor is one of the main tourist settlements in the Mediterranean Sea and a big commercial traffic also. The aim of this study was to assess the distribution of potentially pathogenic bacteria and their profiles of antibiotic susceptibility within the Messina harbor, and to analyze the results also in relation with the main hydrological characteristics of the area. Results showed that the bacterial isolates a part of the bacterial population present in marine aquatic environments is resistant or multi-resistant to various antibiotics. This result could be linked to the fact that the Messina harbor is a commercial site and is located in a highly urbanized area. In this study case, as far as faecal pollution is concerned, the values obtained for the faecal indicators show that the examined area is not affected by an anthropic impact; also, there are no particular risks related to the presence of potentially pathogenic bacteria such halophilic vibrios.

## Keywords

Antibacterial resistance; Messina port; Seawater; Urban wastes

## Introduction

Harbors or sheltered bays are enclosed coastal sites particular-

ly vulnerable to anthropogenic-derived pressure [1-4]. The role of such ecosystems is extremely important for human society, in relation to their concentration of economic activities related to transportation, exchange and production of goods; however, their impacts on marine environments is sometimes not fully understood [5]. At harbor sites, contaminants such as heavy metals and hydrocarbons related to the shipping activities are recognized to be the main sources of pollution [6-8]; this is favored by the low hydro dynamism and by the heavy traffic of nautical vessels. Under these conditions, both the sediment and seawater are extremely enriched with organic matter, resulting in eutrophication phenomena [9-11].

Studies on harbors have focused mostly on chemical contamination [8,10,11] and the related effects on benthic fauna [1,6], while the dynamics of bacteria in these areas have been poorly investigated [3,4]. Particularly, little is known on the presence of bacterial pathogens, as a descriptor of water quality [12,13]. Microbial assemblages have been reported to be useful descriptors of environmental changes, especially where contamination occurs [14]. Moreover, in contaminated areas, evidences of relationships between the occurrence of antibiotic resistances and the presence of pollutants have been reported [15-24], reinforcing the idea that the release into the environment of chemical compounds is driving the selection of antibacterial resistant strains [25]. Regarding harbours, at present it is not clear whether these areas, like other environmental compartments that are subjected to anthropogenic pressure, such as municipal wastewater systems, or industrial effluents, can be considered as potential reservoirs for antibiotic resistant bacteria. Therefore, efforts are needed to explore the occurrence of antibiotic resistance determinants (bacteria or genes) in harbour systems.

The Messina harbor, which opens on the western shore of the Strait of Messina, is among the largest and most important har-

bor in the Mediterranean Sea and today, with over 10 million passengers transported annually, the first in Italy for touristic activities (Figure.1) - kindly furnished by Azzaro et al. [26]. The area near the center of city is potentially suitable to different kind of pollution mainly microbial and oil, coming from land or from ships.

The aim of this research was to assess the distribution of potentially pathogenic bacteria and their profiles of antibiotic susceptibility within the Messina harbor, and to analyze the results also in relation with the main hydrological characteristics of the area, such as water mass circulation and tidal currents.

## Materials and Methods

### Study area

The Messina harbor consists of a large bay enclosed by the typical natural sickle, which delimits an area of about 820,000 square meters. The entrance of the harbor, oriented to NW, is about 400 meters wide and extends between the Fort San Salvatore and the operational headquarters of the Port Authority. On a larger spatial scale, the Messina harbor is comprised within the Straits of Messina ecosystem, which is located between the eastern and western sub-basins of the Mediterranean Sea. According to their morphology, the Straits can be represented as a funnel with the less extensive part towards the north, at the ideal junction Cape Peloro (Sicily) - Torre Cavallo (Calabria); towards the south, however, this funnel gradually opens up to the cross of Cape dell'Armi (Calabria).

The average depth of the harbor (about 100 meters from the docks) is 40 meters, while the seabed at the quay is between 6.5 and 11 meters; this allows access and berthing even to large tonnage vessels. With an annual traffic of over 260,000 cruisers in 2006 and a growth forecast of over 300,000 arrivals in next years, the harbor of Messina is also one of the main tourist settlements in the Mediterranean Sea.

### Sample collection and treatment

In June 2016, one surface seawater sample was collected using a Niskin bottle from five sites located within the Messina harbor (Figure 1).

Site 1 located outside the harbor, immediately beyond the peak of the Madonnina was chosen as the "control site"; site 2 (Porticciolo), site 3 (Bocchetta) and site 4 (Customs) were sampled in the area in front of ground discharges, while site 5 was fixed in the middle point of the harbor (Figure 2). For the bacteriological analysis sub volumes of 1 Liter were transferred to sterile PVC bottles, which were stored at 4°C until analysis.

At the bacteriology laboratory of the Institute for the Coastal Marine Environment (IAMC) - CNR of Messina, aliquots of 100 ml of each sample were filtered on sterile cellulose esters membranes (0.45 µm porosity, Nuclepore) and subsequently the filters were placed on plates of the following culture media:

- 1) Mc Conkey agar (MC, Oxoid) for the quantitative determination of *E. coli*, an indicator of fecal contamination, which was incubated at 37°C for 24h;
- 2) Slanetz and Bartley agar (ENT, Oxoid), for the presumptive estimation of intestinal enterococci, incubated at 37°C for 24-48h;
- 3) m-FC agar (m-FC, Oxoid), for the selective determination of faecal coliforms, incubated at 44°C for 24h;
- 4) TCBS agar (Oxoid), added with 2% NaCl, for the selective determination of marine halophilic vibrios, incubated at 24°C for 24-48h.

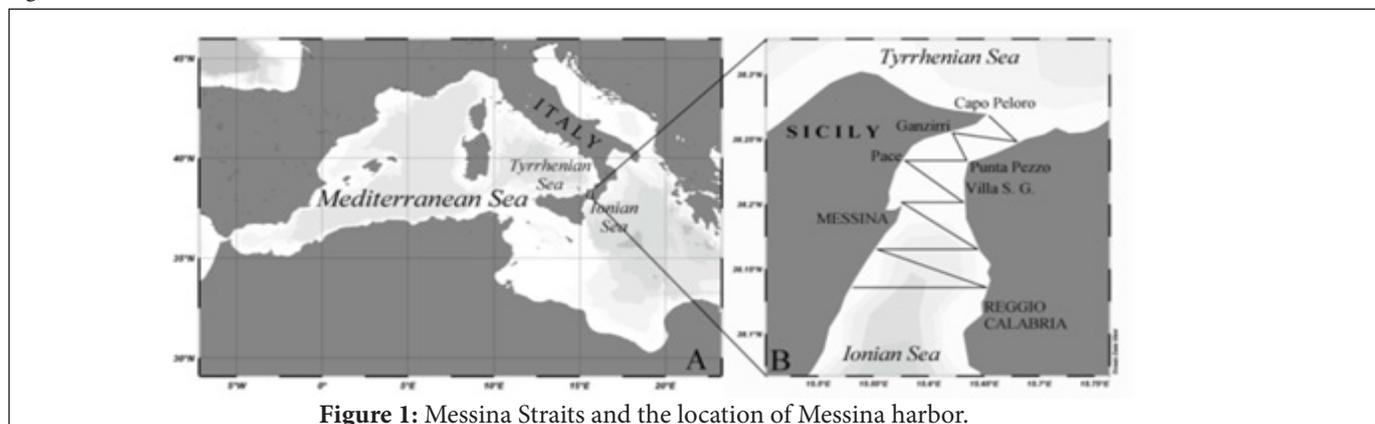
Furthermore, 0.1 ml of each sample was spread in duplicate on the surface of Marine Agar (MA, Conda Laboratories) plates, which were incubated for 7 days at 24°C, to evaluate the abundance of cultivable heterotrophic marine bacteria.

### Antibiotic susceptibility test

Bacterial strains were isolated in axenic culture after streaking for several times in Marine Agar. The obtained bacterial isolates were further tested against 18 different antibiotics grouped into different categories depending on their mechanisms of action

### Cell wall antibiotics

- 1) Beta-lactams, including penicillins [Penicillin G (PEN, 10 µg), ampicillin (AMP, 10 µg), oxacillin (OXA, 5 µg)], cephalosporins [cefalexin (CFX, 30 µg), cefotaxime (CTX, 30 µg), cefoxitin



**Figure 1:** Messina Straits and the location of Messina harbor.



**Figure 2:** Sampling sites within the Messina harbor.

(FOX, 30 µg), Fosfomycin [FOS, 50 µg]

2) Glycopeptide antibiotics [Vancomycin, VAN, 30 µg]

#### Nucleic acid inhibitors

3) Quinolones [levofloxacin (LEV, 5 µg)], fluoroquinolones [ciprofloxacin, CIP, 5 µg]

4) Potentiated sulphonamides [sulphamethoxazole + trimethoprim, SXT, 25 µg]

5) RNA synthesis inhibitors: rifampicins [rifampicin, RD, 30 µg]

#### Protein synthesis inhibitors

1) Lincomycin antibiotics. [Clindamycin, CLI, 10 µg]

2) Aminoglycoside antibiotics [gentamycin, GEN, 30 µg]

3) Macrolides [erythromycin, ERY, 15 µg]

4) Phenicol derivatives [chloramphenicol, C, 30 µg]

5) Tetracyclines [tetracycline, TE, 30 µg]

Furthermore, the association between an inhibitor of the beta-lactamase and a semi-synthetic penicillin [amoxicillin + clavulanic acid, AMC, 30 µg] was also tested.

All the antibiotic discs were acquired from Diagnostic Lio-

filchem.

According to the disc diffusion method (Kirby-Bauer method [27]) a Muller- Hinton agar plate was spread with a suspension of each bacterial strain at a concentration of 0.5 Mac Farland standard; each antibiotic disc was placed on this plate, which was incubated for 24 hours at 24°C. After this period, the bacterial inhibition halos were measured. The halos between 1 and 9 mm indicated bacterial resistance (R), halos between 10- and 18-mm intermediate sensitivity (I) while halos greater than 19 mm indicated the sensitivity of the strain to antibiotics (S).

## Data elaboration

As an index of the dissemination of bacterial resistance within the bacterial population at a specific location, the Multiple Antibiotic Resistance (MAR) index was calculated, according to the formula  $a/b$ , where  $a$  represents the number of antibiotics to which the isolate was resistant, and  $b$  is the total number of tested antibiotics [28].

Pearson correlation between environmental parameters and bacterial abundances was calculated.

## Results and Discussion

This study aimed at exploring the species diversity of bacterial assemblage inhabiting the waters of the Messina harbor, and the

profiles of antibiotic susceptibility of some representatives; the ultimate goal of the research was to get insights on the spread of antibiotic resistance in the area.

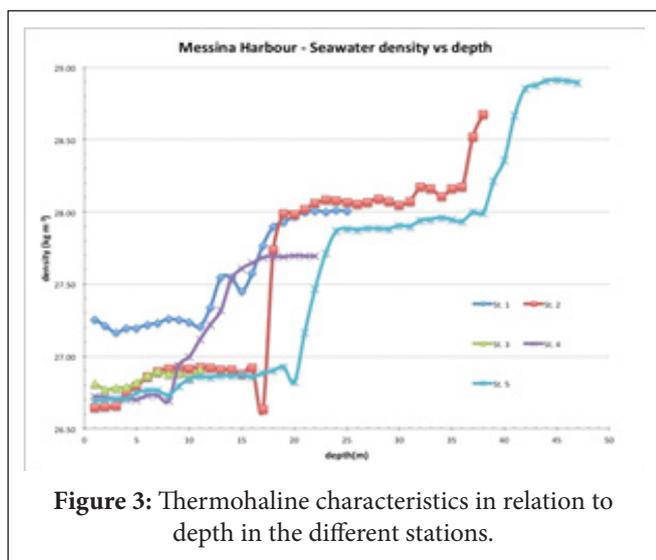
The surface water temperature ranged from 20.6 to 22.27°C and the dissolved oxygen from 4.80 to 5.03 ml/l. The salinity was comprised between 38.25 and 38.48, values typical of marine waters which lead us to exclude the presence of diluted effluents such as those related to the discharge of allochthonous urban wastes. High density was measured at station 1, in correspondence with higher salinity and fluorescence (Table 1). The circulation within the Harbor is induced by the tides, mainly semidiurnal, featuring a maximum spring excursion of about 30 cm. The tidal wave is characterized by a relevant a symmetry with a very rapid flooding phase and a slower ebbing one. Frequenting versions of current direction can be observed along the vertical profile sat the harbor inlet, with the interface in the layer 15-20m. Within the harbor, the waters exhibit different thermoaline characteristics between the surface layer and the deeper part up to the seabed (Figure.3).

At the surface prevail MMW (Messina Mixed Waters) formed by the mixing between Tyrrhenian and Ionian Waters in the

Straits of Messina. In the uppermost 15-20 m they are relatively warmer with a clear seasonal thermocline, particularly in the stations within the harbor. In the layer underneath (below 35m) the deeper part of the basins occupied by denser Ionian waters.

Due to its shape, the surface circulation within the harbor is characterized by a general counter-clock wise current path (in the order of few  $\text{cm s}^{-1}$ ) that experiences local re-shaping by the wind regime, so that the areas in the lee of the western docks present most of the connectivity with the external Straits except the case of wind from West that favors the uniform spreading of the waters in the whole basin [29,30].

The results of the bacteriological analyzes are shown in table 2. The analyzed stations did not show coliform contamination; only at the stations 1 and 2 the presence of faecal coliforms was detected, while in all the stations there were modest amounts of intestinal enterococci, indicating a previous contamination. High concentrations of heterotrophic bacteria, typical of the marine environment, were observed at station 5 only; the halophilic vibrios, whose abundance is correlated to the trophic state of the water, showed at all station's values in the order of  $10^2$ CFU/100 ml.



**Figure 3:** Thermohaline characteristics in relation to depth in the different stations.

Samples	MC	m-FC	ENT	MA	TBCS
1	0	5	10	350	337
2	0	6	39	180	174
3	0	0	15	255	252
4	0	0	12	130	126
5	0	0	6	4000	119

(MA: Marine Agar; m-FC: m-Faecal Coliforms agar; ENT: Enterococcus agar; TCBS: Thiosulphate Bile Salt Citrate Sucrose agar)

**Table 2:** Bacterial abundance (in Colony Forming Units, CFU /100 ml, except for MA in CFU /ml) obtained on the culture media

STATION	LAT (N)	LON (E)	Seabed (m)	Temperature (°C)	Salinity	Dissolved oxygen (ml/l)	p <sup>H</sup>	Density	1. Fluorescence
1	38.11.52	15.33.50	28	20.6	38.48	5.03	8.25	27.26	0.31
2	38.11.57	15.33.35	41	22.16	38.25	4.84	8.18	26.64	0.26
3	38.11.48	15.33.31	11.5	22.27	38.37	4.8	8.27	26.72	0.26
4	38.11.15	15.33.38	25	22.27	38.37	4.8	8.27	26.72	0.26
5	38.11.33	15.33.46	52	22.27	38.35	4.83	8.24	26.9	0.28

**Table 1:** Mean physical and chemical parameters measured at the sampling stations, with indication of their geographical coordinates.

For the screening of antibiotic susceptibility, sixteen bacterial strains were isolated in pure culture. These were also identified by the miniaturized identification system Api 20 E (Biomérieux). The biochemical identification profiles showed that the identified bacteria belonged to *Pseudomonas paucimobilis* (36%), followed by *Flavobacterium* sp. (20%); *Pseudomonas maltophilia* and *Acinetobacter calcoaceticus* were isolated with similar percentages (13%). Lower percentages of *Alcanivorax* sp., *Pseudomonas* sp. (6%) and *Erwinia amylovorans* were also found. The bacterial isolates were further tested for their sensitivity to antibiotics.

Table 3 shows the results of the antibiotic susceptibility assay. From the obtained results, all isolates (100%) were very sensitive to Penicillin G, Ampicillin, Amoxicillin + Clavulanic Acid. 93% of the strains were sensitive to Cefalexin, Erythromycin and Rifampicin, while only 7% showed an intermediate sensitivity. Concerning Ciprofloxacin and Chloramphenicol 80% of isolated strains was sensitive and 20% was intermediate resistant. Resistance was observed against Oxacillin, Trimetoprim- sulfameta-

zole and Vancomycin in a percentage of 7% of the strains, while 86% of them were sensitive. A high percentage of bacteria resistant against Tetracycline was also detected (53% of the total of the isolates), while 40% showed an intermediate sensitivity and only 7% of bacteria was sensitive. Percentages of resistance similar to tetracycline were recorded for Clindamycin, with resistance detected in 50% of the strains. With regard to Fosfomycin, 81% of the strains were resistant, while the remaining 19% were intermediate sensitive.

Against Cefotaxime, 33% of the strains were sensitive, 47% intermediate sensitive and 20% resistant; 69% of bacteria were sensitive, while 25% were intermediate sensitive and 6% resistant against Levofloxacin. Furthermore, 87% of the strains were sensitive, and 13% showed intermediate sensitivity to Gentamicin; similarly, against Cefoxitin, 93% was sensitive, 7% intermediate sensitive.

The MAR index (not shown in table) ranged from a minimum

	Antibiotic	M1	M2	M3	M4	M5	M8	M9	M11	M14	M16	M18	M19	M20	M21	M22	M23
Cell wall antibiotics	PEN	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
	AMP	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
	OXA	S	S	S	S	S	S	I	S	S	S	S	S	NG	R	S	S
	CFX	S	S	S	S	S	S	S	S	S	S	S	S	NG	I	S	S
	CTX	I	I	S	I	R	R	S	I	I	I	R	I	NG	S	S	S
	FOX	S	S	S	S	S	S	S	S	S	S	S	S	NG	I	S	S
	FOS	I	R	R	R	R	R	I	R	R	R	R	R	R	I	R	R
	VAN	S	S	S	S	S	S	I	S	S	S	S	S	NG	R	S	S
Multiple resistance		0	1	1	1	2	2	0	1	1	1	2	1	1	2	1	1
Nucleic acid inhibitors	LEV	S	S	S	R	S	S	I	S	S	S	I	S	I	I	S	S
	CIP	S	S	S	S	S	S	S	S	I	I	S	S	NG	I	S	S
	SXT	S	S	S	S	S	S	S	R	S	S	S	S	NG	I	S	/
	RD	S	S	S	S	S	S	S	S	S	S	S	S	S	I	S	S
Multiple resistance		0	0	0	1	0	0	0	1	0	0	0	0	0	0	0	0
Protein synthesis inhibitors	CLI	I	R	I	R	S	R	I	S	I	S	S	R	R	R	R	R
	GEN	S	S	S	S	S	S	I	S	S	S	S	S	NC	I	S	S
	ERY	S	S	S	S	S	S	S	S	S	S	S	S	NG	I	S	S
	C	S	S	S	R	S	R	S	S	S	S	S	R	NG	S	S	S
	TET	I	R	R	R	I	I	R	R	R	R	I	I	NG	R	S	I
	AMC	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Multiple resistance		0	2	1	3	0	2	1	1	1	1	0	2	1	2	1	1

(S: Sensitive, I: Intermediate sensitivity, R: Resistant, NG: Strain not grown).

**Table 3:** Results of antibiotic resistance screening

of 0, calculated for the strain M1, to a maximum of 0.278, recorded for the strain M4, characterized by multiple resistances (to 5 antibiotics). On average, its value was 0.135; high MAR values (0.222) were also calculated for the strains M8 and M21, followed by a limited multiple resistance observed for the strains M11 and M19 (MAR: 0.167).

The spread of antibiotic resistance (AR) is of fundamental importance for human health. Relatively little has been published on the incidence of AR in the marine microbiological environment, in fact, in the past, the main research has focused on the AR of bacteria in clinical environments, like hospitals, but the increase of infections acquired in communities of resistant bacteria has fueled the interest for genes carrying AR in natural environments. In fact, natural environments can play a very important role in the transmission of resistance, as they can act as reservoirs of AR genes (soil, glaciers and animals) and such genes can be transmitted to other bacterial strains with different mechanisms [31].

In addition, sites such as aquaculture sites have also been monitored to avoid the incorrect use of antibiotics added to fish feed [32] to avoid that the consumption of aquaculture fish can lead to antibiotic phenomena resistance to man. Three main mechanisms can lead to the development of AR in marine environments: -1) the coastal runoff of AR bacteria from terrestrial sources; 2) the AR selection due to anthropogenic antibiotic outflow, which challenges native bacteria to become resistant, and 3) the selection for resistance in response to antibiotic production in marine environments. It is therefore necessary to distinguish whether the AR is in anthropogenic bacteria or in environmental strains. Therefore, we wondered if the bacterial genera isolated from the Messina harbor were environmental or pathogenic. The strains were grown only on Marine Agar, a culture medium similar to seawater enriched with organic substances; this first step already provided a first indication that the isolates were of environmental origin.

Conversely, in culture media specific for coliform and anthropogenic bacteria, low abundances were recorded, showing the absence of faecal pollution in the harbor.

The screening of bacterial isolates for their susceptibility to antibiotics performed in this monitoring pointed out that most bacteria were sensitive to all the antibiotics tested, suggesting that they had probably never come into contact with these compounds; conversely, a greater number of antibiotic resistances was generally observed against protein synthesis inhibitors and cell wall antibiotics, compared to nucleic acid inhibitors. Particularly, most of the tested strains showed resistance against 3 compounds, such as Fosfomycin (81% of the strains); Tetracycline (53%) and Clindamycin (50%). Tetracycline resistance was also observed by other authors and was predominantly conferred by genes that produce oxidoreductases, ligases, DNA binding proteins and regulatory proteins [33]. Moreover, the same authors note that resistance to tetracycline and nitrofurantoin has been identified mainly in marine taxa (57% and 56% respectively)

[33].

In conclusion, this study showed that a part of the bacterial population present in marine aquatic environments is resistant or multi-resistant to various antibiotics, as previously indicated also by Moore et al. [34]. This result could be linked to the fact that the Messina harbor is a commercial site and is located in a highly urbanized area, in the heart of the town, so it is possible that there are or that there have been spills of waters containing antibiotics (even if in traces) that have come into contact with marine bacteria.

According to Moore et al. [34] in-depth ecological studies are needed to help define the fate of AR marine bacteria in their natural environment and their ability to act as reservoirs and AR donors in pathogenic bacteria, many of which live transiently in the natural environment. The AR phenomenon thus assumes great importance as bacteria can transfer acquired resistance with plasmids or quorum sensing phenomena (as well as from pathogens to environmental strains and vice versa from environmental strains to pathogens). Thus, organisms living in the oceans (and in other environments) may represent a large reservoir of AR genes that currently do not cause resistance but can be activated under the right circumstances (for example, with the right promoter). Beyond the purpose of this initial investigation, further and more detailed studies will be necessary in order to understand the diffusion of these phenomena in the marine environment. It would be interesting to repeat the monitoring including also the less commercial and less man-made areas to check if there are significant differences between the various sites. Finally, among the isolated bacteria *Alcanivorax sp.* was also identified. This genus, belonging to hydrocarbonoclastic bacteria, has the ability to degrade the alkanes and can become predominant in marine environments contaminated with oil or its derivatives. *Alcanivorax* had already been isolated in the Messina harbor [35, 36].

Another Gram-negative bacteria, *Oleiphilus messinensis*, isolated for the first time in Messina harbor, is capable to degrade aliphatic hydrocarbons, alkanolates and alkanols as carbon and energy sources [37]. The Messina harbor environment, thanks to its shape, contains a vast water mirror that develops in a sort of ellipse with depths ranging from 7 to 70 meters, and that, therefore, allows direct docking to the docks even to large tonnage vessels with high possibility of pollution from hydrocarbons.

Overall, the results obtained in this first monitoring survey provide a snapshot of the quality of the Messina harbour waters; this information could be used to improve the management of routine port activities (dredging and ballast water exchange), which could have potential to spread pathogens in the sea. In this study case, as far as faecal pollution is concerned, the values obtained for the faecal indicators show that the examined area is not affected by an anthropic impact; also, there are no particular risks related to the presence of potentially pathogenic bacteria such halophilic vibrios.

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